



Breakfast Cones

Ice cream cones

Low-fat yogurt or frozen yogurt – any flavor

Bananas, chopped*

Strawberries, chopped*

Raisins*

Crushed cornflakes

1. Put one small scoop of yogurt in bottom of cone.
2. Top with bananas, strawberries and raisins.
3. Put a second scoop of yogurt on top.
4. Sprinkle with crushed cornflakes.

*or use your favorite fruits

