



Chocolate Cherry Smoothie

Makes 2 servings

1/2 cup fat-free milk
6 ounces fat-free vanilla yogurt
1/4 cup semi-sweet or dark chocolate chips
1 cup frozen dark cherries
Chocolate syrup

1. Put milk, yogurt, chocolate chips and frozen cherries in a blender or food processor.
2. Mix until smooth.
3. Pour into 2 glasses.
4. Drizzle chocolate syrup on top as a garnish.

