











Nutrition Assistance in Lincoln

Sunday






Allon Chapel @ Good Neighbor

 When: Weekly | 1PM
 Where: 2617 Y Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.






College View Church

 When: Weekly | 11:30AM
 Where: 4801 Prescott Ave
 Type: FoodNet
 Contact: 402-486-2880
 No documentation required.






Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.






Belmont Baptist Church

 When: Weekly | 3:30PM
 Where: 3424 N 14th Street
 Type: FoodNet
 Contact: 402-476-8276
 No documentation required.






Community Action's Gathering Place

 When: Daily | 5-6PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.






People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.

Capitol View Seventh-Day Adventist






 When: Weekly | 2PM
 Where: 1640 A Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.

F Street Community Center






 When: Daily | 2:30-3:30PM
 Where: 1225 F Street
 Type: Meal
 Contact: 402-441-7951
 No documentation required.

Monday

Calvary Lutheran Church

 When: Weekly | 11AM
 Where: 2788 Franklin Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.


Carol Yoakum Resource Center

 When: Every 4th Mon. | 5-6PM
 Where: 4621 NW 48th Street
 Type: Distribution
 Contact: 402-434-2621
 No documentation required.






Catholic Social Services

 When: Weekly | 1-3PM
 Where: 2241 O Street
 Type: Pantry
 Contact: 402-327-6200
 Call to visit market, 8-8:30am






Center For People

 When: Weekly | 9AM-2PM
 Where: 3901 N 27th Street
 Type: Pantry
 Contact: 402-476-4357
 Documents: Clarity Card.






Community Action's Gathering Place

 When: Daily | 5-6PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.

Food Bank of Lincoln @ Capital City Christian Church

 When: 2 & 4th Mon. | 3-4PM
 Where: 7800 Holdrege Street
 Type: Distribution
 Contact: 402-466-8170
 No documentation required.






Good Neighbor Community Center

 When: Daily | 10AM-1:15PM
 Where: 2617 Y Street
 Type: Distribution
 Contact: 402-477-4173
 Call to visit market, 10am






Matt Talbot Kitchen & Outreach

 When: Weekly | Meals, 11:30AM-12:30PM & 5:30-6:30PM; Pantry 1-3PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.

Mission Help Center

 When: Weekly | 12:30-2:30PM
 Where: 6800 P Street
 Type: Pantry
 Contact: 402-475-6888
 No documentation required.

People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.

Updated 4.11.2025 | For most updated information about food assistance options, scan the QR code or visit: <https://go.unl.edu/foodassistance>






For more information about Nutrition Access in Lancaster County call Nebraska Extension at 402-441-7180







Nutrition Assistance in Lincoln

Tuesday






Barnabas Community

 When: Weekly | Noon
 Where: 931 Saunders Ave
 Type: Meal
 Contact: 402-742-0035
 No documentation required.






Community Action's Gathering Place

 When: Daily | 5-6PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.






Good Neighbor Community Center

 When: Daily | 10AM-1:15PM
 Where: 2617 Y Street
 Type: Pantry
 Contact: 402-477-4173
 Call to visit market, 10am

Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
 Where: 2121 N 27th Street
 Type: Meal
 Contact: 402-477-4116
 No documentation required.






People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.






Catholic Social Services

 When: Weekly | 1-3PM
 Where: 2241 O Street
 Type: Pantry
 Contact: 402-327-6200
 Call to visit market, 8-8:30am






Connection Point

 When: Weekly | 2-4PM
 Where: 1333 N 33rd Street
 Type: Pantry
 Contact: 402-417-0771
 On-site form






Havelock United Methodist Church

 When: Weekly | 4:30PM
 Where: 4140 N 60th Street
 Type: FoodNet
 Contact: 402-466-6736
 No documentation required.


Mission Help Center

 When: Weekly | 12:30-2:30PM
 Where: 6800 P Street
 Type: Pantry
 Contact: 402-475-6888
 No documentation required.






Salvation Army

 When: Weekly | 10:15-11:30AM
 Where: 2625 Potter Street
 Type: Pantry
 Contact: 402-474-6263
 No documentation required.






Center For People

 When: Weekly | 9AM-2PM
 Where: 3901 N 27th Street
 Type: Pantry
 Contact: 402-476-4357
 Documents: Clarity Card






Food Bank of Lincoln @ Southwood Lutheran Church

 When: 1st & 3rd Tues. | 4-5PM
 Where: 4301 Wilderness Hills Boulevard
 Type: Distribution
 Contact: 402-423-5511
 No documentation required.

Immanuel Bread of Life Pantry


 When: Weekly | 12-3PM
 Where: 2001 S 11th Street
 Type: Pantry
 Contact: 402-474-6275
 No documentation required.

Northwest Church of Christ

 When: Weekly | 4:15-5:30PM
 Where: 3110 N 1st Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.

Wednesday






Catholic Social Services

 When: Weekly | 1-3PM
 Where: 2241 O Street
 Type: Pantry
 Contact: 402-327-6200
 Call to visit market, 8-8:30am






Eastridge Pantry

 When: Weekly | 1-3PM
 Where: 1135 Eastridge Drive
 Type: Pantry
 Contact: 531-254-5405
 Call to visit market






Mission Help Center

 When: Weekly | 4:30-6:30PM
 Where: 6800 P Street
 Type: Pantry
 Contact: 402-475-6888
 No documentation required.






Southpointe Christian Church

 When: Weekly | 5:30PM
 Where: 7010 Helen Witt Drive
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.






Center For People

 When: Weekly | 9AM-2PM
 Where: 3901 N 27th Street
 Type: Pantry
 Contact: 402-476-4357
 Documents: Clarity Card






Good Neighbor Community Center

 When: Daily | 10AM-1:15PM
 Where: 2617 Y Street
 Type: Pantry
 Contact: 402-477-4173
 Call to visit market, 10am

People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.






Cristo Rey Catholic Church

 When: Weekly | 5-6PM
 Where: 4221 J Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.

Matt Talbot Kitchen & Outreach

 When: Weekly | Meals 11:30AM-12:30PM & 5:30-6:30PM; Pantry 1-3PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.






Salvation Army

 When: Daily | 12 PM-3:30PM
 Where: 2625 Potter Street
 Type: Pantry
 Contact: 402-474-6263
 No documentation required.






Nutrition Assistance in Lincoln

Thursday






Barnabas Community

 When: Weekly | 6 PM
 Where: 931 Saunders Ave
 Type: Meal
 Contact: 402-742-0035
 No documentation required.






Community Action's Gathering Place

 When: Daily | 5-6 PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.

Good Neighbor Community Center

 When: Daily | 10AM-1:15PM
 Where: 2617 Y Street
 Type: Pantry
 Contact: 402-477-4173
 Call to visit market, 10am






Neighborhood Church

 When: Weekly | 5PM
 Where: 1302 F Street
 Type: FoodNet
 Contact: 402-435-3673
 No documentation required.






Catholic Social Services

 When: Weekly | 1-3PM
 Where: 2241 O Street
 Type: Pantry
 Contact: 402-327-6200
 Call to visit market, 8-8:30am






ConnectionN Point

 When: Weekly | 2-4PM
 Where: 1333 N 33rd Street
 Type: Pantry
 Contact: 402-417-0771
 On-site form






Immanuel Bread of Life Pantry

 When: Weekly | 12-3PM
 Where: 2001 S 11th Street
 Type: Pantry
 Contact: 402-474-6275
 No documentation required.






People's City Mission

 When: Brkfst, Lunch, Dinner;
time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.






Center For People

 When: Weekly | 9AM-2PM
 Where: 3901 N 27th Street
 Type: Pantry
 Contact: 402-476-4357
 Documents: Clarity Card






First Mennonite Church

 When: Weekly | 5PM
 Where: 7300 Holdrege Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.

Matt Talbot Kitchen & Outreach






 When: Weekly | 11:30AM-12:30PM &
5:30-6:30PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.

Salvation Army






 When: Weekly | 10:15-11:30AM
 Where: 2625 Potter Street
 Type: Pantry
 Contact: 402-474-6263
 No documentation required.

Friday






Citylight Lincoln

 When: Weekly | 10:30AM
 Where: 2820 O Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.






Good Neighbor Community Center

 When: Daily | 10-11AM
 Where: 2617 Y Street
 Type: Pantry
 Contact: 402-477-4173
 Call to visit market, 10am






Mission Help Center

 When: Weekly | 9:30-Noon
 Where: 6800 P Street
 Type: Pantry
 Contact: 402-475-6888
 No documentation required.






Community Action's Gathering Place

 When: Daily | 5-6PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.






Grace Chapel

 When: Weekly | 11AM
 Where: 1345 S 16th Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.






People's City Mission

 When: Brkfst, Lunch, Dinner;
time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.






Food Bank of Lincoln

 When: 1st & 3rd Fri. | 2:30-4PM
 Where: 1221 Kingbird Road
 Type: Distribution
 Contact: 402-466-8170
 No documentation required.

Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM &
5:30-6:30PM; Pantry 1-3PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.






Salvation Army

 When: Daily | 12 PM-3:30PM
 Where: 2625 Potter Street
 Type: Pantry
 Contact: 402-474-6263
 No documentation required.






Saturday

Nutrition Assistance in Lincoln






Barnabas Community

 When: Weekly | 9AM & Noon
 Where: 931 Saunders Ave
 Type: Meal (grab-and-go)
 Contact: 402-742-0035
 No documentation required.






Food Bank of Lincoln @ First Plymouth Church

 When: 1st & 3rd Sat. | 9AM-Noon
 Where: 2000 D Street
 Type: Distribution
 Contact: 402-476-7565
 No documentation required.






Matt Talbot Kitchen & Outreach

 When: Weekly | 11:30AM-12:30PM & 5:30-6:30PM
 Where: 2121 N 27th Street
 Type: Meal | Pantry
 Contact: 402-477-4116
 No documentation required.






Zion Church

 When: Weekly | 9:15AM
 Where: 5511 S 27th Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.






Belmont Community Center

 When: Daily | 10-11AM
 Where: 1234 Judson Street
 Type: Meal (grab-and-go)
 Contact: 402-477-8854
 No documentation required.






F Street Community Center

 When: Daily | 1-2PM
 Where: 1225 F Street
 Type: Meal
 Contact: 402-441-7951
 No documentation required.






People's City Mission

 When: Brkfst, Lunch, Dinner; time varies by gender
 Where: 2101 N Street
 Type: Meal
 Contact: 402-475-6888
 No documentation required.






Community Action's Gathering Place

 When: Daily | 5-6PM
 Where: 1448 E Street
 Type: Meal
 Contact: 402-476-7398
 No documentation required.

Immanuel Bread of Life Pantry

 When: Weekly | 12-3PM
 Where: 2001 S 11th Street
 Type: Pantry
 Contact: 402-474-6275
 No documentation required.

St. Mary's Catholic

 When: Weekly | 11:30AM
 Where: 1420 K Street
 Type: FoodNet
 Contact: 402-416-6197
 No documentation required.

Call 211 for assistance connecting with more resources to meet your needs.



MyLink or MyLNK Phone App and Website for information on community services.

<https://lincolnne.mylink.app/>



Supplemental Nutrition Assistance Program (SNAP)

» For: eligible low-income people and their families
 » Each month, SNAP benefits are issued on an electronic benefit transfer (EBT) card—like a debit card. The EBT card can be used at most grocery stores, discount stores, farmers' markets and neighborhood stores to buy most food products.
 » Apply for SNAP benefits and other public assistance at iServe Nebraska:
<https://iserve.nebraska.gov/>
 » Questions and assistance applying, call Nebraska SNAP Outreach Hotline at 1-855-444-5556.



DOUBLE UP
FOOD BUCKS



Nebraska Double Up Food Bucks (DUFBS)

» For: SNAP/EBT card users
 » When you use your EBT Card at qualifying SNAP retailers, Double Up matches your fresh fruit and vegetable purchases dollar for dollar, up to \$20 a day.
 » Call 402-441-6744 or visit <https://doubleupnebraska.org> to find a DUFBS location near you.



Little Free Pantries

» Pantries in neighborhoods providing food and essential items to anyone in need.
 » Questions? Call 402-601-4501 or visit Little Free Pantries LNK Facebook page at <https://www.facebook.com/LittleFreePantriesLNK/>



Lincoln Fresh by the Food Bank of Lincoln

» Lincoln Fresh provides fresh, seasonal produce at 15 sites in Lincoln March - November. All are welcome. No documents or ID needed. Seasonal schedule at <https://www.lincolnfoodbank.org/services/lincoln-fresh-rural-mobile-produce/>



Tabitha Meals on Wheels

» Tabitha Meals on Wheels provides warm, nutritious lunches for senior adults throughout Lincoln.
 » Call 402-486-8589 or visit <https://www.tabitha.org/care-services/tabitha-meals-on-wheels/>



Nutrition for Women, Infants, and Children (WIC)

» For: eligible low-income pregnant or breastfeeding women, new moms, and children under 5
 » WIC helps eligible families with healthy food, breastfeeding support, and nutrition and health resources.
 » Call 402-471-2781 or visit <https://dhhs.ne.gov/Pages/WIC-About.aspx>

Food Distributors in Lincoln:



Food Bank of Lincoln

» Questions? Call 402-466-8170 or visit <https://www.lincolnfoodbank.org>



FoodNet

» Questions? Call 402-416-6197 or visit <https://foodnetlincoln.org/sites/>