

MARATHON KIDS

MILEAGE

LOG

ATHLETE	PARENT SIGNATURE	DATE
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TRACK YOUR MILES	1	2	3	4	5	6	7	8	
	9	10	11	12	13	14	15	16	17
	18	19	20	21	22	23	24	25	26.2

Track your progress 1/4 of a mile at a time.
For every 1/4 of a mile you complete, color in
1 section of a numbered track icon above.

When you have colored in all the icons you will have
completed 26.2 miles - A WHOLE MARATHON!

GREAT JOB. DON'T STOP RUNNING!

Running and walking is great exercise no matter your age.

Running is fun. It's speed and freedom. It's competition and accomplishment.
It leads to healthier eating, activity, and choices, now and for a lifetime.
It's time to lace up and get running

This is only the beginning.

**MARATHON
KIDS**