



Feeding without the Fuss Evaluation

In an effort to improve future programming, please complete this evaluation and return it to the instructor before you leave. Thank you!

	Before this program, my knowledge about this topic was ...					After this program, my knowledge about this topic was ...				
	Low			High		Low			High	
"Division of Responsibility" in feeding children	1	2	3	4	5	1	2	3	4	5
Not offering food as a reward	1	2	3	4	5	1	2	3	4	5
Serving family-style meals	1	2	3	4	5	1	2	3	4	5
Avoiding using phrases that encourage children to eat for reasons other than hunger and fullness	1	2	3	4	5	1	2	3	4	5
Allowing children to decide what foods they will select and how much to eat	1	2	3	4	5	1	2	3	4	5

As a result of this training, I plan to

The most important thing I learned today is:

Comments:
