

Broccoli Slaw with Cranberries

11 servings



Ingredients

- 1 (12 ounce) package broccoli slaw
- ½ cup green onions, gently rubbed under cold running water, chopped
- ¼ cup almonds, slivered
- ¾ cup dried cranberries
- 2 Tablespoons vegetable oil
- ¼ cup vinegar
- ½ Tablespoon soy sauce, low sodium
- 2 Tablespoons honey
- 1 teaspoon ginger, ground
- 1 teaspoon garlic powder
- 1 teaspoon pepper
- Salt to taste

Nutrition Information: Serving Size (1/11 of recipe):
Calories 90, Total Fat 4g, Sodium 25mg, Total Carbohydrates 13g, Fiber 2g, Protein 1g

Instructions

1. Wash hands with soap and water.
2. In a large bowl, combine broccoli slaw, onions, almonds, and dried cranberries.
3. In a separate bowl, mix oil, vinegar, soy sauce, honey, ginger, garlic powder, pepper, and salt (optional).
4. Toss dressing with salad.
5. Cover and refrigerate for at least 1 hour before serving.
6. Store leftovers in a sealed container in the refrigerator for up to four days.

Recipe Source: Adapted from Get Fresh! Chickasaw Nation Nutrition Services

This material was funded in part by USDA's Supplemental Nutrition Assistance Program – SNAP and Expanded Food & Nutrition Education Program (EFNEP). This institution is an equal opportunity provider.

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