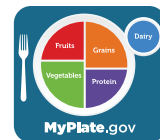


Nutrition Environment Food Pantry Assessment Tool (NEFPAT)



DIRECTIONS

This assessment tool is meant to provide perspective on the nutritional environment of the food pantry. Evaluations will be made using both objective observations as well as questions to be asked of pantry staff/volunteers (items marked with a *). Please make your assessment based on observations made during the food pantry's food distribution services.

Name of Food Pantry*: _____

Contact Name & Details: _____

Phone: _____

Email: _____

Number of Individuals Served Per Month by Food Pantry*: _____

How close is the pantry to the closest public transit access point (in miles)? _____

Pantry Days/Hours of Operation: _____

Does the pantry restrict which audiences can access its services (i.e. by Zip code or for students-only)? ☐ Yes ☐ No

Types of Donors (Optional)*:

Food Bank: ☐ Provides Funds ☐ Provides Food

Private Donor: ☐ Provides Funds ☐ Provides Food

Faith-Based Organization: ☐ Provides Funds ☐ Provides Food

Commercial Business: ☐ Provides Funds ☐ Provides Food

Non-Profit Organization: ☐ Provides Funds ☐ Provides Food

Community Group: ☐ Provides Funds ☐ Provides Food

Government: ☐ Provides Funds ☐ Provides Food

Other: ☐ Provides Funds ☐ Provides Food

1. Objective 1: Increase Client Choice for Nutritious Options Strategies:

- ☐ 1.1. Clients may choose which types of F2E they'd like to take*
- ☐ 1.2. Pantry hosts a "shopping style" distribution (set up like a grocery store)
- ☐ 1.3. Clients are able to come to the pantry for food more often than once per month*
- ☐ 1.4. Food pantry offers items from each of the five food groups (fruits, vegetables, grains, protein, dairy)
- ☐ 1.5. Encourages nutritious donations (i.e. by distributing a list of suggested items or asks donors not to provide certain foods)*
- ☐ 1.6. Food pantry is listed on AmpleHarvest.org website (if not, seeks donations from local gardeners/farmers or community gardens)*
- ☐ 1.7. Has established nutrition policy used for purchasing food for clients*
- ☐ 1.8. A policy is in place for proper food safety*



2. Objective 2: Market & “Nudge” Healthful Products Strategies:

- ☐ 2.1. Recipes featuring F2E are available to clients*
- ☐ 2.2. Offers food samples to clients*
- ☐ 2.3. MyPlate or other healthy eating materials that promote F2E are visible (i.e. posters, fliers, window stickers, etc)
- ☐ 2.4. Displays/hangs supporting materials for a F2E (such as shelf talkers/shelf tags, nutrition information, etc.)
- ☐ 2.5. Includes at least one F2E item in a bundle to display items together as a meal (i.e. beans and rice)
- ☐ 2.6. F2E are stocked to appear “abundant”
- ☐ 2.7. Majority of F2E are displayed/angled to be viewed easily from the eye-level of an average client
- ☐ 2.8. At least one F2E item is within eyesight upon entering the pantry during distribution

3. Objective 3: Provide Various Forms of Fruits and/or Vegetables *Mark off each type as you see them, below:*

- ☐ 3.1. Fresh
- ☐ 3.2. Canned (Any type, no rust and minimal dents)
- ☐ 3.3. Canned (Fruit in lite syrup or juice or ≤ 12 g Sugar, or Vegetables with ≤ 230 mg Sodium and ≤ 2 g Sat. fat)
- ☐ 3.4. Frozen (Any type, no frostbite)
- ☐ 3.5. Frozen (≤ 12 g Sugar, ≤ 230 mg Sodium, & ≤ 2 g Sat. fat)
- ☐ 3.6. Dried (any type, no mold and packaging intact)
- ☐ 3.7. Dried (≤ 12 g Sugar, ≤ 230 mg Sodium, & ≤ 2 g Sat. fat)
- ☐ 3.8. Juice (100% fruit juice)

4. Objective 4: Provide Various Types of Fruits and/or Vegetables *Mark off each color type as you see them, below:*

- ☐ 4.1. Red, if >2 types then additional
- ☐ Check this if >2 Red F/V
- ☐ 4.2. Yellow/Orange, if >2 types then additional
- ☐ Check this if >2 Yellow/Orange F/V
- ☐ 4.3. White or Tan/Brown, if >2 types then additional
- ☐ Check this if >2 White or Tan/Brown F/V
- ☐ 4.4. Green, if >2 types then additional
- ☐ Check this if >2 Green F/V
- ☐ 4.5. Blue/Purple, if >2 types then additional
- ☐ Check this if >2 Blue/Purple F/V

5. Objective 5: Promote Additional Resources* Strategies:

- ☐ 5.1. Provides information on SNAP, WIC, Senior Farmers Market coupons or other low-income resources*
- ☐ 5.2. Provides nutrition education to clients (i.e. by partnering with Extension or other sources of expertise)*
- ☐ 5.3. Promotes or provides mobile markets*
- ☐ 5.4. Has onsite garden or other gardening resources*
- ☐ 5.5. Distributes Medicaid/affordable health care information*
- ☐ 5.6. Promotes or provides health screenings (blood pressure, glucose, BMI, etc.) by partnering with local organizations*
- ☐ Provides employment assistance information*
- ☐ Provides other educational/self-improvement resources*

6. Objective 6: Plan for Alternate Eating Patterns Strategies:

- ☐ 6.1. Provides food pantry volunteers with nutrition education*
- ☐ 6.2. Utilizes Commodity Supplemental Food Program (CSFP) to provide food tailored for low income elderly clients*
- ☐ 6.3. Has labeled sections for specific foods (i.e. gluten free, dairy free, no/low sodium, vegetarian or no-prep-required)
- ☐ 6.4. Provides diverse options for protein (i.e. tofu, beans, fish, peanut butter)
- ☐ 6.5. Provides culturally diverse foods (Kosher, Halal, ethnic cuisines)

Total of Ratings: _____ *

Range: 0-47

Classifications:*

- ☐ Bronze: 0-15
- ☐ Silver: 16-31
- ☐ Gold: 32-47

Overall Comments: _____

NEFPAT COVID-19 Supplement

These questions are meant to gather information about how COVID-19 has impacted food pantry distribution styles. This section is not scored.

7. What distribution style was pantry using *before* COVID-19? (select all that apply)

- ☐ Pre-packed bags or boxes with no client choice
- ☐ Shopping style where clients chose their own foods
- ☐ Shopping style where clients pointed to foods or told volunteers what they would like
- ☐ List provided onsite (ex. at car or posted on pantry door/window) with food options clients can request, volunteers bag food
- ☐ Clients pre-order food options online or by phone
- ☐ Other

8. Is pantry currently using a different distribution style due to COVID-19? ☐ Yes ☐ No

9. If "Yes" to Question #8, what is the current distribution style(s)? (select all that apply)

- ☐ Pre-packed bags or boxes with no client choice
- ☐ Shopping style where clients chose their own foods
- ☐ Shopping style where clients pointed to foods or told volunteers what they would like
- ☐ List provided onsite (ex. at car or posted on pantry door/window) with food options clients can request, volunteers bag food
- ☐ Clients pre-order food options online or by phone
- ☐ Curbside pick-up distribution (drive-through, touch-and-go exchange, etc)
- ☐ Delivery
- ☐ Distribution style has not changed
- ☐ Other

10. Does pantry plan to return to its previous style of distribution at some point?

- ☐ No, will continue current distribution style indefinitely
- ☐ Yes, will return to previous distribution style exactly as it was before COVID-19
- ☐ Yes, will return to previous distribution style with some changes to the way it was before COVID-19

11. If pantry plans to return to previous distribution style with changes, please describe planned changes: _____

12. If "Yes" to Question #10, when does pantry plan to transition to its previous or adjusted distribution style? _____

13. Overall, what impact has COVID-19 had on pantry's normal operations? _____
