

## Pizza Casserole

8 servings

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To help with meal planning, make a list of your family's favorite meals and start planning the meals your family eats together the most.

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- 1 pound lean ground beef
- 1 (14 ounce) jar or can spaghetti sauce
- 2 cups Mozzarella cheese, shredded
- 1 tube (10 biscuits, each) refrigerator biscuits



1. Wash hands with soap and water.
2. Preheat oven to 350°F.
3. In a skillet, brown ground beef internal temperature reaches 160°F on food thermometer. Drain fat.
4. Add spaghetti sauce to ground beef. Continue cooking until hot.
5. Spread mixture in 9 x 13-inch baking pan. Sprinkle cheese on top.
6. Place biscuits on top of cheese layer.
7. Bake approximately 10 minutes or until biscuits are done.
8. Using a spatula, place each serving upside down (ground beef up) on a plate.

**Nutrition Information per Serving:(1/8 of recipe)** Calories 300, Total Fat 15g, Saturated Fat 6g, Cholesterol 52mg, Sodium 641mg, Total Carbohydrate 19g, Dietary Fiber 2g, Sugars 6g, Protein 21g, Vitamin A 9%, Vitamin C 1%, Calcium 24%, Iron 13%.