



Table Talkers for Young Children

Make mealtime fun with kids! Cut apart the cards and place in bowl or jar. Take turns drawing a card at a meal and have all family members answer the question.

Be creative and add your own questions!

What is your favorite shape?	Make your favorite animal sound.
What crunchy food do you like the best?	What color do you like the best?
What can we do in the snow?	What toy is your favorite?
Do you like stripes or polka dots?	If you were a fish, what color would you be?
Do you have a favorite crayon color to color with?	If you could be any animal, which do you think you would be?
What game do you love to play?	Name something that goes up.
Name something you think is beautiful.	What is your favorite topping on a pizza?
What is your favorite book?	Name something a cat can do.



Name something that can swim.	If you could go anywhere in the world, where would you go?
Would you rather be a dog, a bird, or a horse? Why?	Name something you do every day.
What do you like to eat on toast?	Would you rather play in snow or sand? Why?
What made you laugh today?	Would you rather travel in a car, airplane or boat? Why?
What is your favorite food for breakfast?	What is something nice you could do for someone else?
What would you do if you were a King or Queen for a day?	Name an animal that has big feet.
Name something that bounces.	Do you live closer to a grocery store or a school?
What's the best way to spend a rainy day?	What is your favorite thing to do with your family?
If you could invite anyone to eat with us today, who would it be?	When you feel sad, what cheers you up?