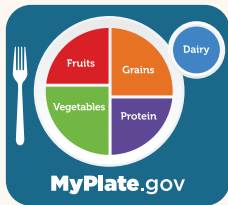


Choose Water



Choose water without added sugar, flavors or calories.



Evidence-based health material brought to you by Nebraska Extension.