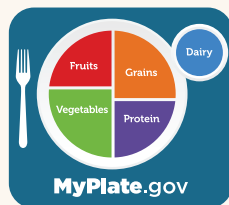


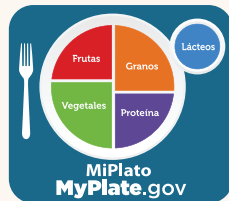
Choose Water

Choose water without added sugar, flavors or calories.



Elija Agua

Elija agua sin azúcares añadidos, sabores o calorías.



Evidence-based health material brought to you by Nebraska Extension.
Material de salud basado en evidencia presentado por Nebraska Extension.