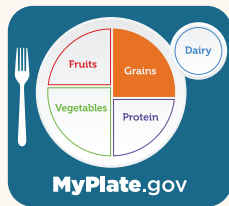


Choose Whole Grains



Whole grains should be listed as the first ingredient in your breads, cereals, tortillas, rice and pasta.



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