Yogurt Fruit Crunch
Makes 4 servings (1 cup each)

2 cups low-fat vanilla yogurt
1 cup fresh or canned fruit, drained
1 cup dry cereal (granola or dry crunchy cereal)

1. Mix yogurt and fruit together in a mixing bowl.
2. Spoon yogurt and fruit mixture into small bowls or cups.
3. Top mixture with 1/4 cup cereal.