



Veggie Pizza

Makes 10-12 servings

½ cup plain yogurt

8 ounces low-fat cream cheese

2 Tablespoons ranch dressing mix

Whole grain crackers

Chopped or grated vegetables such as broccoli, carrots, tomatoes, cucumber, etc.

1. Blend softened cream cheese with yogurt and dry dressing until smooth. Refrigerate.
2. Wash and prepare vegetables.
3. Spread cream cheese mixture on crackers. Top with vegetables.