Veggie Pizza
Makes 10-12 servings

½ cup plain yogurt
8 ounces low-fat cream cheese
2 Tablespoons ranch dressing mix
Whole grain crackers
Chopped or grated vegetables such as broccoli, carrots, tomatoes, cucumber, etc.

1. Blend softened cream cheese with yogurt and dry dressing until smooth. Refrigerate.

2. Wash and prepare vegetables.