



Open Face Fruit & Ham Bagel

1 serving

3 slices ready to serve Canadian bacon
1/2 small whole wheat bagel, toasted
1/8 medium Granny Smith apple, cut into 3 slices
2 Tablespoons reduced fat sharp cheddar cheese

1. Heat bacon according to package directions. Place bacon on bagel half.
2. Put sliced apples on top of bacon and sprinkle with cheese.
3. Microwave on medium (50% power) 30-35 seconds or until cheese begins to melt. Serve warm.

