Dippity Doo Dah
Serves 16 (2 Tablespoons each)

½ cup low-fat sour cream
1 ½ cup low-fat plain yogurt
1 package ranch dressing mix
Fresh vegetables of your choice for dipping:
baby carrots, celery, broccoli, cauliflower, cucumbers, etc.

1. Mix sour cream and yogurt together.
2. Stir in the dressing mix.
3. Chill and serve with vegetables.

Kids remember: Always have a grown-up help you