Crunchy Vegetable Burrito
Makes 4 servings

½ cup shredded carrots
1 ½ cups broccoli slaw or chopped broccoli or cauliflower
1 cup chopped lettuce
4 ounces shredded cheddar cheese
¼ cup low-fat ranch salad dressing
4 (7-inch) flour tortillas

1. In a small mixing bowl combine carrots, broccoli slaw, chopped lettuce and cheese.
2. Add ranch dressing and toss to coat vegetables.
3. Heat tortillas in microwave for 20 seconds.
4. Spoon ¾ cup of the vegetable mixture down the center. Wrap the tortilla around the vegetable mixture.
5. Serve immediately.