



## **Creamy Apple Oatmeal**

3 servings

$\frac{3}{4}$  cup quick cooking oatmeal, uncooked

1  $\frac{1}{2}$  cups milk

2 Tablespoons raisins

$\frac{1}{2}$  apple, chopped

$\frac{1}{2}$  teaspoon cinnamon

1 Tablespoon sugar

1. In microwave safe bowl combine oatmeal, milk, raisins,
2. chopped apple, cinnamon and sugar.
3. Cook in microwave on high for 2 minutes. Stir and rotate. Cook for 2 more minutes on high. Remove from microwave, let stand 1 minute and serve.

