



Banana Caterpillar

Makes 1 serving

1 banana
Chow Mein noodles or pretzel sticks
2 raisins
Apple or pineapple rings, cut in half

1. Cut through the banana, spacing cuts 1 inch apart.
2. Place ½ an apple ring (peel side up) or pineapple ring in each of the cuts.
3. For the eyes, gently press raisins into one end of the banana for eyes.
4. Place Chow Mein noodles or pretzel sticks on both sides of the banana for legs.

