10 Year Milestone
In 2019, Ne Go NAP SACC celebrated 10 years, reaching 40,000 children from 1,200 ECE settings.

Go NAP SACC Elevates Quality with Workforce Development in 2019

30 Go NAP SACC trainers (66 of 93 counties served)
Trained 225 ECE professionals in 85 child care centers and homes that provide care for ~3,500 children
23 in-person and 5 online trainings across Nebraska

Healthy Child Care Settings Help Kids Stay Healthy & Ready to Learn

Building Positive Partnerships - Results in Best Practices

93 Pre-Assessments
Completed on Go NAP SACC Website
48 child care centers
77% Step Up to Quality Participants

45 family child care homes
56% Step Up to Quality Participants

60 Post-Assessments
Completed on Go NAP SACC Website
35 child care centers
57% Step Up to Quality Participants

25 family child care homes
60% Step Up to Quality Participants

Check out our new and improved website https://negonapsacc.unl.edu
Brain Development & School Readiness Driven Through Go NAP SACC Best Practices (n=60)

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<tr>
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<th>C (Child Care Centers, n=35)</th>
<th>H (Child Care Homes, n=25)</th>
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</thead>
<tbody>
<tr>
<td>Post</td>
<td>78%</td>
<td>75%</td>
</tr>
<tr>
<td>Change</td>
<td>+37%</td>
<td>+39%</td>
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<tr>
<td>PRE</td>
<td>41%</td>
<td>36%</td>
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<tr>
<td>Screen Time</td>
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<tr>
<td>Outdoor Play &amp; Learning</td>
<td>57%</td>
<td>4%</td>
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<tr>
<td>Physical Activity</td>
<td>77%</td>
<td>88%</td>
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<tr>
<td>Nutrition</td>
<td>77%</td>
<td>88%</td>
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<tr>
<td>Breastfeeding &amp; Infant Feeding</td>
<td>84%</td>
<td>8%</td>
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Teaching Early Childhood Providers Works
What did your program find most helpful from participating in Go NAP SACC?

“I really enjoyed working with my trainer. She was very helpful in the areas I needed a little more push. This has been my favorite training/program I have participated in the past 16 years of daycare. I made so many positive changes and the kiddos are so happy and so am I.”
Family Child Care Owner, Gretna

“These goals were all the things I wanted to eventually do, and Go NAP SACC helped me to finally get them done!”
Child Care Center Director, Hastings

“I truly loved doing Go NAP SACC. It was fun to do!”
Family Child Care Owner, Norfolk

“I really loved all of the information that Go NAP SACC provided and how it interconnected all of the nutrition, physical activity, outside time, breastfeeding, and infant feeding ideas together. This program has truly made me look at all of these areas in a new light and shown me why they are important.”
Family Child Care Owner, Lincoln

Partnering Organizations Collaborating to Support Healthy Young Children

Go NAP SACC (Nutrition and Physical Activity Self-Assessment for Child Care) is an evidence-based program for improving the health of young children through better nutrition and physical activity in ECE programs.