

SNAP-Ed 2016

Nebraska Supplemental Nutrition Assistance Program - Education



NEBRASKA'S CHALLENGES



1 IN 7
Nebraska households face hunger/food insecurity.



2 IN 3
Nebraska adults are overweight or obese.



SNAP participants reported that they have enough to eat, but they do not always have foods that include milk, fruits, or veggies.

REACHING INDIVIDUALS

ADULTS



80% of adults improved in 1 or more nutrition practices.



Adults increased their vegetable intake by 1/2 cup per day.

CHILDREN



PHYSICAL ACTIVITY
49% of youth 5-8th grade are physically active on a regular basis.



NUTRITION
99% of youth know how to choose healthy snacks and beverages.

REACHING COMMUNITIES



Raised and donated over \$4,900 of produce.

28 child care facilities and over 1,000 children improved their nutrition and physical activity.

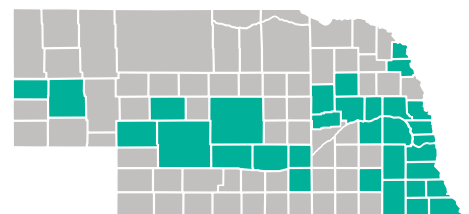


29 low-income schools received grants to make their schools healthier.

Collaborated with 7 retail stores in 5 communities.



PROGRAM REACH



Reached individuals and communities in

32

Nebraska counties

29,500

Nebraskans participated in SNAP-Ed in FY16.