



Fit and Healthy Kids *Frequently Asked Questions*

How do I get my zoom webinar link to work?

- If you will be using a **tablet or phone**, please download the **Zoom app** (no cost) before class. <https://support.zoom.us/hc/en-us>
- If you are using a **laptop or desktop computer**, you should be able to click on the Zoom link or copy and paste the link into a web browser. Please test the link out before class in case you have to download Zoom (no cost).
- The class **Zoom link** will be emailed to you the **Sunday night and Monday night** before the program begins. Please check your junk/spam folder if you can't find these emails.

Notification

- Register by noon on the Sunday before class. You may have done this already and received an email with your registration confirmation.
- **Emails** will be sent on Sunday night at 7:00 pm CST, Monday morning at 6:00 a.m., and Monday night at 6:00 pm CST with the Zoom link for joining the live session of the webinar.
- The live Zoom class will take place at 7:00 pm CST on the first Monday of the month.
- **Write down the code/password** that is presented in the live or recorded session.
- An **Email** will be sent on Monday night at 9:00 pm CST with your personalized evaluation link (Do **NOT** share this link).
- An **Email** will be sent on Tuesday following the live session at noon. You will receive a link to watch the recording and your personalized evaluation link.
- An **Email** will be sent on Saturday morning at 9:00 am CST as a reminder to watch the recording, finish the evaluation and print your certificate.
- We will **close** the recording and evaluation the following **Monday at midnight CST.**

Evaluation

- Click on your personal evaluation link located in an email.
- Enter the code/password.
- Complete the evaluation and a certificate will appear.
- Print, save, or screen shot the certificate. You will not be able to go back to the certificate.

If you have questions or concerns, please contact LaDonna Werth lwerth2@unl.edu or Cami Wells cami.wells@unl.edu.

Fit and Healthy Kids Website: <https://food.unl.edu/fit-and-healthy-kids>