



Yogurt Fruit Crunch

Makes 4 servings (1 cup each)

- 2 cups low-fat vanilla yogurt
- 1 cup fresh or canned fruit, drained
- 1 cup dry cereal (granola or dry crunchy cereal)

1. Mix yogurt and fruit together in a mixing bowl.
2. Spoon yogurt and fruit mixture into small bowls or cups.
3. Top mixture with $\frac{1}{4}$ cup cereal.

