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Applesauce Oatmeal Muffins

Makes 12 muffins

1/3 cup vegetable oil 1/2 cup brown sugar, lightly packed

1 egg

1 cup applesauce

3/4 cup white flour

1/4 cup whole wheat flour

1/2 teaspoon cinnamon

1 teaspoon baking powder

1/2 teaspoon baking soda

1/4 teaspoon salt

1/2 cup raisins

1 cup quick-cooking oatmeal

- 1. Preheat oven to 350° F.
- 2. Mix together oil, brown sugar, applesauce, and egg.
- 3. Add flours, cinnamon, baking powder, baking soda, and salt: mix until moistened.
- Blend in raisins and oatmeal.
- 5. Spoon into 12 muffin cups. Bake at 350° for 25-30 minutes. Remove from oven and cool.

